

## Appendix1

<b>paternal breastfeeding self-efficacy scale</b>
1. Determine that our baby is getting enough milk
2. Successfully cope with breastfeeding like I have with other challenging tasks
3. Help mom breastfeed our baby without using formula as a supplement
4. Help mom ensure our baby is properly latched on for the whole feeding
5. Help mom manage the breastfeeding situation to my satisfaction
6. Help mom manage to breastfeed even if our baby is crying
7. Keep wanting mom to breastfeed our baby
8. Help mom comfortably breastfeed with our family members present
9. Be satisfied with our breastfeeding experience
10. Deal with the fact that breastfeeding can be time consuming
11. Help mom finish feeding our baby on one breast before switching to the other
12. Help mom continue to breastfeed our baby for every feeding
13. Help mom manage to keep up with our baby's breastfeeding demands
14. Tell when our baby is finished breastfeeding